



SIMPLE GARDENING

Vegetable Art

MATERIALS NEEDED:

- Assortment of vegetables: potatoes, romaine hearts, carrots, beets, squash, cucumbers, corn
- Paint (washable)
- Art paper

PROCEDURE:

1. Cut the vegetables so the insides show. Cut the romaine hearts down by the base.
2. Dip in different colors of paint.
3. Use as stamps, or brushes to create your own vegetable art!